



Dear Parent/Carer,

I am pleased to tell you that this term we will be participating in the **NSPCC's *Speak out. Stay safe. online*** programme. This consists of an online assembly and supporting classroom-based activities. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly, interactive way. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom-based activities which we have reviewed, alongside NSPCC volunteer led face to face workshops for children aged 6-7 and 9-11 which our Y3 and Y6 children are participating in this year. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme you can find more information on the NSPCC website [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout) or I would be happy to discuss any questions that you may have.

We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

### Additional NSPCC resources for families to help keep children safe.

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p style="text-align: center;"><b>Parent/Carer support</b></p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers. <a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a></p>	<p style="text-align: center;"><b>Activities to extend learning at home</b></p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe. <a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p>
<p style="text-align: center;"><b>Online Safety Hub</b></p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. <a href="http://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a></p>	<p style="text-align: center;"><b>Childline – under 12's</b></p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. <a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7) <a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)</p>

I hope you find this information about the NSPCC and the Speak Out. Stay Safe programme helpful. Please do contact me if you have any further questions.

Emma Boal

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